

# **NUTRITION ACTIVITIES FOR 2020**

## **Introduction**

The main objective of the nutrition unit is to provide and promote good nutrition in order to improve the overall nutritional status and good health practices for the Ayawaso central population and its environs. As part of the implementation programme to strengthen and improve the nutritional status and good health practices of Adolescent, Maternal and Child Health activities in the municipal nutrition programs or interventions undertaken are as follows

- Routine Monthly Growth Monitoring and Promotion sessions to assess the nutritional status of children less than 5 years
- Routine vitamin A supplementation of children aged 6-59 months.
- GIFTS Program for Adolescents
- Community Management of Acute Malnutrition(CMAM)
- Micronutrient Powder Supplementation

## **Nutrition activities for the year**

### **a. Growth Monitoring And Promotion**

NO OF CHILDREN WEIGHED..... 37,525  
NO OF CHILDREN UNDERWEIGHT.....491  
NO OF CHILDREN MEASURED FOR LENGHT..... 2,184

### **b. Community Management Of Acute Malnutrition (Cmam)**

TOTAL NUMBER OF CASES.....105  
NUMBER CURED.....56  
NUMBER DEFAULTED.....10  
NUMBER ON ADMISSION.....39

### **c. Vitamin A Supplementation**

Number of children dosed :

6-11 MONTHS.....4,707

12-59 MONTHS.....8,977

**d. Girls Iron And Folic Acid Tablet Supplementation (Gifts)**

NUMBER OF GIRLS REGISTERED.....3,010

NUMBER GIVEN IFA TABLETS.....823

**e. Micronutrient Powder Supplementation**

NUMBER OF MALES GIVEN.....3,381

NUMBER OF FEMALES GIVEN.....2,768